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# WORKSAFE

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## ▶ Workplace Bullying

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**Awareness about workplace bullying is growing in Canada. Researchers warn that physical and emotional violence are significant issues facing the workplace going into the 21st century.**

Here are some general tips for the workplace:

- Encourage everyone to act towards others in a respectful and professional manner.
- Have a workplace policy that includes a reporting system.
- Educate people about what is considered bullying and where to get help.
- Encourage people to work out solutions to problems before the situation gets serious or "out of control".
- Treat all complaints seriously, and deal with them promptly and confidentially.
- Train supervisors and managers in how to deal with complaints and potential situations.
- Have impartial third party help with the resolution, if necessary.

Assistance and information regarding Workplace Bullying is available through the Respectful Workplace Division of the Public Service Commission. You can reach a Respectful Workplace Coordinator at **729-2290** or Toll Free: **1-888-729-2290**

Adapted from: [www.ccohs.ca/oshanswers/psychosocial/bullying.html](http://www.ccohs.ca/oshanswers/psychosocial/bullying.html)

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