



The **Opening Doors Email List** provides a wealth of employment-related information and resources that no client should be without. To receive this valuable information in a fast and efficient way, you will need an e-mail address. **If you don't have one, the Community Access Program (CAP) can help!**

CAP gives you a **free email address and access to the Internet** while also helping you develop your computer skills and providing online access to government programs and services.

With Internet access you can:

- ✓ have a **FREE EMAIL ADDRESS**
- ✓ receive information on a regular basis from us via our **Email List**
- ✓ **view our web site** for job postings and link to the HRDC Job Bank, plus many others
- ✓ correspond with our **employment counsellors** for help with any aspect of your job search
- ✓ **and much more!**

Enclosed is a brochure that outlines Community Access Program sites in your area that are available for you to use **FREE OF CHARGE!**

Plan to visit a CAP site today to get connected!

**Be sure to email us with your
new email address so we can add you to the
Opening Doors Email List.**

