Young workers are often at a greater risk of injury and their injuries tend to occur during the first few weeks on the job.

While employers have a responsibility to ensure the safety of all employees, young workers must be aware of the hazards in the workplace and their role in keeping the workplace safe. Young workers need to properly orientated and informed of safety risks. These new workers have a duty to:

- Follow established safe work practices
- Use personal protective equipment
- Report hazards and violations
- Use equipment appropriately
- Take responsibility for their own safety
- Ask questions when in doubt about workplace hazards
- Use proper lifting techniques
- Educate themselves whenever possible about workplace health and safety
- Know their rights and responsibilities
- Recognize and respond to any hazards they may face

Brochure: Young Workers

Adapted from: www.whscc.nl.ca/prevention/publications.whscc